



The Bluffs

MAY 2011

my staff

Dates to Remember

Nothing at this time.

Crystal
Property Manager
Laura
Leasing Consultant
Tony
Maintenance
Justin
Maintenance

From the Manager...

Nothing at this time.

The Bluffs Apartments
2065 Nash Blvd
Council Bluffs, IA 51501
(712) 325-6566
bluffs@midlandmgmt.com

Office Hours

Monday-Friday: 8:30 am - 5:30 pm

Saturday: 10 am - 2pm



Community Notes

Nothing at this time.

Maintenance Tip of the Month

Energy Saving Air Conditioning Tips

*Do not set the thermostat lower than the desired temperature when you first turn it on. It will not cool faster; it will only cool to a lower temperature than necessary and waste energy.

*Make sure furniture does not obstruct air conditioning vents.

*Do not position heat-producing appliances, such as televisions or lamps, near the thermostat.

*A dusty filter reduces air flow. Examine your unit's air filters once a month and clean or replace filters when necessary. Keeping your filters clean can cut energy consumption 5 to 15%.

my recipe of the month

Directions

Whisk 1/2 cup heavy cream (ideally extra-cold), 1/4 cup marshmallow fluff and 1/8 teaspoon vanilla extract until stiff peaks form; set aside. Combine 1 cup cold whole milk and 1/4 cup chocolate sauce in a blender. Add 3 cups chocolate ice cream; blend until smooth. Fill 4 glasses one-quarter of the way with the shake; add some marshmallow cream, then more milkshake, then cream, then milkshake. Finish with a dollop of marshmallow cream and garnish with grated bittersweet chocolate.

Chocolate Marshmallow Milkshake



Courtesy of FoodNetwork

5 Green Cleaning Tips for Your Bathroom

If you are trying to keep your bathrooms looking good without caustic chemicals and traditional high-power cleaners, try these green cleaning tips to help get your showers, sinks, toilets and floors sparkling using natural means. A few good guidelines are helping homeowners and renters take care of their homes without intense chemical formulations.

1. Use Vinegar-Based Products

For floors and tile, a vinegar-based cleaner can work just as well as some of the more costly and complex cleaners on the market. One of the challenges is to mix in additional elements to keep your bathroom from smelling like vinegar.

2. Use Baking Soda for Cleaning Drains

Using baking soda in conjunction with other natural cleaners can be an effective solution for cleaning out drains. This replaces some of the drain cleaners with potentially harmful fumes.

3. Plunging

Another alternative for drains is plunging and getting pipes unclogged by using the force of air over harsh chemicals.

4. Use "Elbow Grease"

Whether it's floors or any other surface, some muscle power can be an effective alternative to high-powered chemicals.